

## Hovering on a Cushion of Air

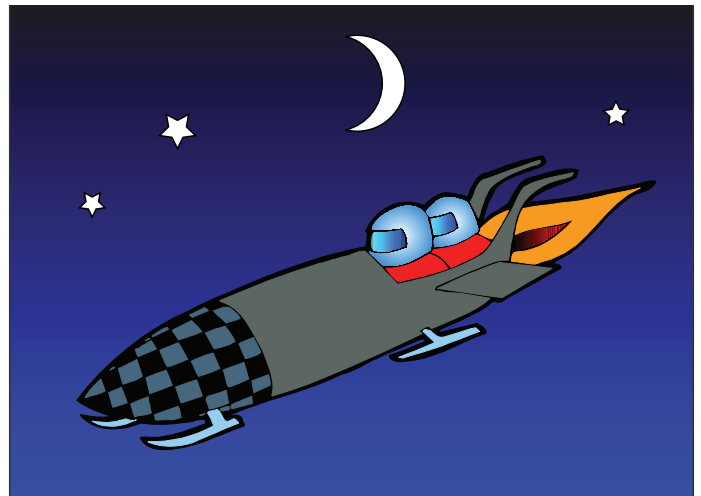
### Pre-game Talk Show

If you have mixed feelings about friction, it's easy to understand. Friction is the force that resists motion when two objects are in contact with each other. It's both good and bad. Take cars, for example. Forget to check the oil and friction can ruin a car engine. However, without friction a car couldn't move. Tires are made from rubber, which produces friction with the road surface. When the wheels turn, friction enables the wheels to exert a force on the road to propel the car.

Reducing friction is important in many sports. Ice hockey depends upon the puck being able to slide across ice. Curling, a sport similar to shuffleboard but with heavy stones instead of pucks, also needs ice to slide across. Team members actually sweep the ice in front of moving stones to help reduce friction and guide the stones to the target. Bobsleds and luge sleds run down ice-covered chutes to achieve breakneck speeds. The chutes twist



Colorado Avalanche player Ryan O'Reilly applies Newton's Laws of Motion with his stick to smack (action) the puck across the rink (reaction).



and turn. Runner blades on the sleds reduce downhill friction to attain high speeds while increasing sideways friction to help steer the turns.

Reducing friction makes it easier to start objects moving. Isaac Newton's First Law of Motion explains why. The law states that objects remain still unless acted upon by unbalanced forces. In other words, if forces on an object are unbalanced, the object moves. What then is an unbalanced force?

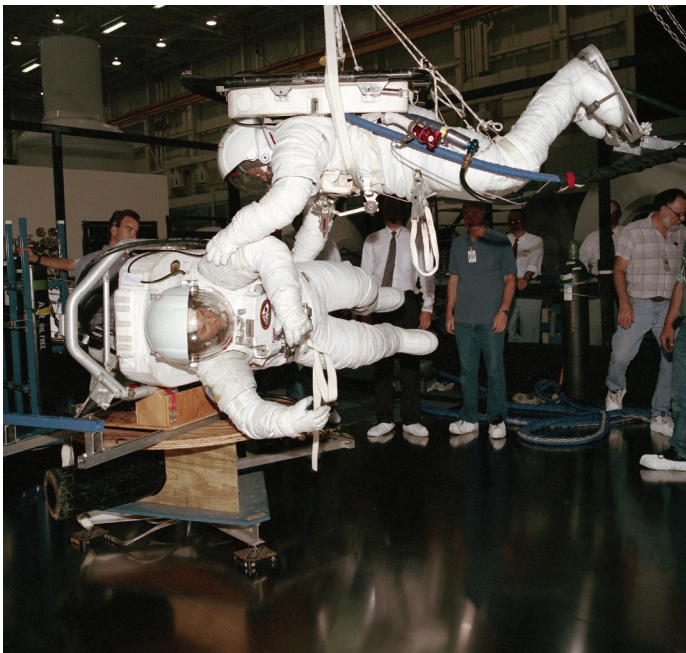
To understand unbalanced forces, imagine what would happen if you and a friend were to push on each other with equal force. Neither of you would move because the forces are balanced. However, if one of you pushes harder than the other, movement takes place because now the forces are unbalanced. An ice hockey puck, for example, is resting on the ice. The ice surface is very slick but it still has a small amount of friction. When a player smacks the puck, the puck shoots across the rink. The force exerted on the puck by the stick is far greater than the force of friction trying to hold the puck where it is. Consequently, the forces are unbalanced, and the puck shoots away.

Newton's First Law of Motion also explains that an object in motion will travel in a straight line at a constant speed unless an opposing unbalanced force slows or stops it. In ice hockey, the goalie will try to exert

an unbalanced force by blocking the puck. If the goalie misses, the goal net will exert the unbalanced force and stop the puck - score 1!

Understanding Newton's First Law of Motion is important for astronauts training for future space missions on the International Space Station (ISS). When in space, they will have to move objects and themselves from place to place. To do that, they need to exert unbalanced forces. But being in space is something like being on an ice rink on Earth. Try taking a quick step on an ice rink without wearing ice skates. With little friction, you are likely to end up on your backside!

In space, friction is greatly reduced because of the microgravity environment. It feels like gravity has gone away. Of course, gravity is still there because gravity holds the ISS in orbit. But orbiting Earth is like a continuous fall where the spacecraft and everything inside falls together. The type of friction caused by objects resting on each other is gone. To move, astronauts have to push (exert an unbalanced force) on something, and to stop themselves, they have to push on

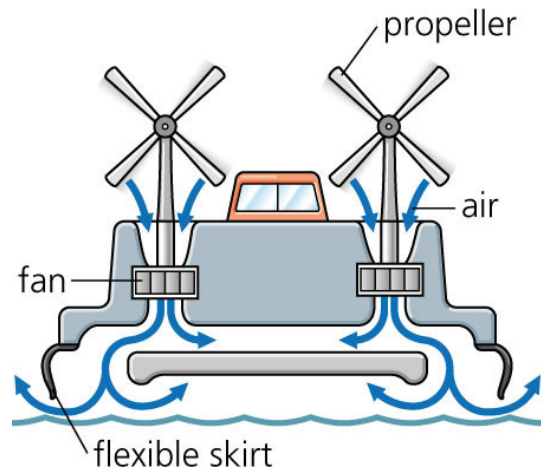


Two astronauts practice space rescue over the Precision Air Bearing Platform (PABP) at the NASA Johnson Space Center. One astronaut is suspended from a crane but the other is riding on cushions of air. Beneath the small platform, the sideways astronaut is riding on three small pads that lift the platform with high pressure air shooting out from them. This nearly eliminates friction with the smooth floor and simulates microgravity.

something else.

How can astronauts practice for the microgravity environment on the ISS? NASA uses many different simulators to train astronauts. One simulator is something like a large air hockey table. It is called the Precision Air Bearing Platform (PABP) and is located at NASA Johnson Space Center in Houston, Texas.

The PABP uses moving air to produce a powerful lifting force very much the way hovercraft work. High-pressure air rushes out of three small pad-like bearings and lifts the pads, and a platform mounted above them, a fraction of a centimeter from the floor. No longer resting directly on the floor, the device, with the



### What's a Hovercraft?

Hovercraft are vehicles used for carrying people and heavy objects over water and rough surfaces. Powerful fans, like airplane propellers, blow air downward. The air blast is caught by a skirt that lifts the craft above the surface before the air escapes to the sides under the lower edges of the skirt. This reduces friction with whatever surface over which the craft is hovering and enables it to be easily propelled by action/reaction with other fans mounted horizontally.



astronaut on top, is virtually frictionless.

There is one more important feature of the PABP. In order to move across the floor, the astronaut has to push on something. Additional air is fed to small nozzles around the astronaut. The astronaut uses a hand control to release the jets of air in different directions to create a push. How much of a push the astronaut gets determines how fast he or she slides across the PABP floor. This is explained by Newton's Second Law of Motion. The force of the air jets is equal to how much air shoots from the jets times how fast the air accelerates. Newton's Second Law of Motion is really an equation.

$$\text{force} = \text{mass times acceleration } (F=m \times a)$$

With the control jet, the more air shot from the jet and the faster it shoots out, the greater the force produced and the more the astronaut moves.

There is one more law of motion. This is Newton's Third Law of Motion. It is also called the action/reaction law. When a force is exerted (action), an opposite and equal force (reaction) is created. You can see this with rockets. Burning rocket propellants produce gas that shoots out of the engine. The rocket moves in the opposite direction. If you happen to be riding a PABP like the one at the NASA Johnson Space Center, you get to experience action/reaction first hand. The PABP greatly reduces friction and an air jet (action) propels you across the platform (reaction). Unless you exert a new action force in the opposite direction, you will smack into the wall surrounding the PABP.

Analyze any sport or the movements of astronauts in microgravity, and you will see all three of Isaac Newton's Laws of Motion at work.



## Science and Sports Challenge

# Hovering on a Cushion of Air

### Objectives

Students will:

- construct CD hovercraft
- investigate how hovercraft reduce friction
- apply Newton's Laws of Motion to make hovercraft work
- understand how hovercraft technology is used in training astronauts space missions
- design hovercraft sporting events

### Preparation:

Obtain the materials for constructing the hovercraft. Set up a hot-glue gun station for attaching PVC tubes to the CDs. Place a dish of cold water with a few ice cubes near the hot-glue station (See management tips.) Prepare a long, smooth surface such as a table top or a tile floor for testing and using hovercraft.

### Materials: (per student or group)

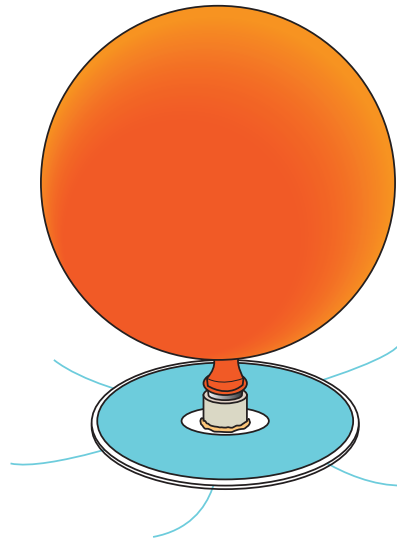
- Old, unwanted compact disks (CDs)
- 1/2-inch-diameter PVC pipe segment, 3/4 inches long
- Round balloon (five-inch size)
- 3/4- or 1-inch gummed label dot
- One hole rubber stopper, No. 2 size

### Materials: (per class)

- One or two low-temperature hot glue guns and glue sticks
- Eye protection
- Dish with cold water
- PVC cutting tool (optional) or fine-tooth saw
- Standard paper punch (approx. 1/4 inch hole)
- Meter stick
- Stopwatches or clock with second hand
- Meter sticks or tape measures
- Balloon air pumps (recommended)

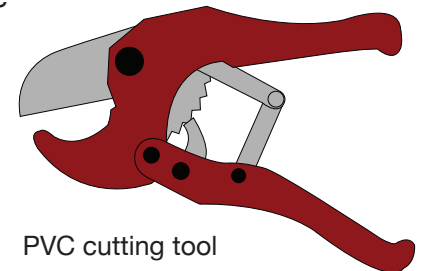
### Management Tips:

PVC pipe comes in 10-foot lengths but 5-foot lengths may also be available. One 10-foot pipe can be cut into enough pieces for about 150 hovercraft if a PVC cutting tool is used. The



tool, a ratchet cutter similar to hand pruning shears, slices easily through PVC. A saw can also be used to cut the PVC, but it will produce “sawdust” and fewer pieces.

Set up a glue station with one or two glue guns. Be sure to use low-temperature glue guns. The heat from high-temperature guns may warp the



PVC cutting tool

CD. Having a dish of cold water near the glue station is a good safety step. If students get hot glue on their fingers, immersing the fingers in cold water will immediately “freeze” the glue and minimize any discomfort. If preferred, the teacher or a teacher's aide can operate the glue gun. Eye protection is recommended when working with glue guns.

Pop-up spouts for water bottles can be substituted for the PVC pipe and rubber stopper. Remove the cap from the bottle and attach it to the upper side of the CD with hot glue. Fit the balloon over the pop-up spout. Inflate the balloon by blowing through the underside of the hovercraft and push the spout down to hold the air until ready. Pull up on the pop-up spout to release the air and launch.

If you have any student with a latex allergy, wash the balloons before using. Have allergic students wear non-latex plastic gloves and inflate the balloons with a balloon pump (or form small teams and give the balloon handling part of the activity to non-allergic students).

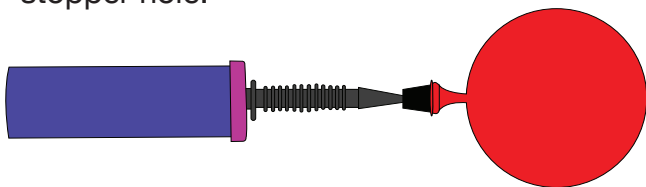
**Procedure:** Assembling the hovercraft

1. Squeeze a bead of hot glue on the edge of one end of the PVC pipe and immediately press the glued end to the center of the CD (label side up). The pipe will surround the hole in the center of the CD.
2. When the glue has cooled and hardened (in about 1-2 minutes), check for any gaps between the CD and pipe. If there are any, squeeze some glue in to fill the gaps.
3. Stretch the latex balloon a couple of times to relax it for inflating.
4. Stretch the balloon nozzle over the wide end of the rubber stopper.
5. Use a hole punch and punch a hole through the center of the gummed paper dot. Apply the dot to the underside of the CD to cover the hole. The hovercraft is finished.



**Procedure:** Running the hovercraft

1. Inflate the balloon by either blowing through the hole of the stopper or by inserting the nozzle of a balloon hand pump into the stopper hole.



2. Twist the balloon so that the nozzle is closed off and press the small end of the stopper into the upper end of the PVC pipe in the hovercraft. The hovercraft is ready to launch.
3. Place the craft on a smooth, level surface such as a tabletop. Release the balloon. It will untwist and start blowing air downward through the small hole in the center. The thin cushion of air will lift the CD and eliminate friction with the tabletop.
4. Have students try pushing the hovercraft

across a tabletop with the balloon inflated and again with it uninflated. Compare the craft's movement in the two runs.

5. Allow students to experiment with the optimum size of the hole in the paper dot. The hole can be enlarged by pushing the point of a pencil into it. The hole size will determine how fast the air runs out. Provide more dots for students to try.
6. Have students record their data on the Hovercraft Challenge student pages.

**Assessment:**

Collect and review the Hovercraft Challenge student pages. Use the following questions for a review discussion or have students write short paragraph answers.

Discussion Questions:

*What causes the hovercraft to become frictionless? Explain.*

Air from the balloon escapes beneath the hovercraft. It forms a thin cushion that lifts the craft a few millimeters above the table. Without direct contact with the tabletop, friction is greatly reduced.

*What happens to the hovercraft's movement when the balloon runs out of air? Why?*

When the balloon runs out of air, the lifting cushion stops. The full surface of the CD bottom contacts the tabletop, friction is greatly increased, and the hovercraft stops.

*How do different surfaces affect the hovercraft?*

Smooth surfaces permit a uniform cushion of air to lift the craft. Rough surfaces allow air to escape more in some directions than others and the craft is no longer level. Parts of the CD touch the surface and cause drag.

*How does the size of the paper dot hole affect the hovercraft?*

The hole controls the flow of air from the balloon. If the paper is removed, the hole is very large and the air escapes quickly. A tiny hole greatly slows the flow of air and may not provide enough lifting force. Through experimentation, the best hole size is \_\_\_\_\_ (student answer).

*Explain how Isaac Newton's Laws of Motion control the movement of the hovercraft.*

1. An unbalanced force is needed to lift the craft. Another force is needed to propel the craft along the table.
2. The lifting force is determined by how much air is released (its mass) and how fast it accelerates out of the hole.
3. The action force of the air released from the balloon creates a reaction force lifting the hovercraft. Pushing on the hovercraft to cause it to move along the tabletop is also an example of action and reaction.

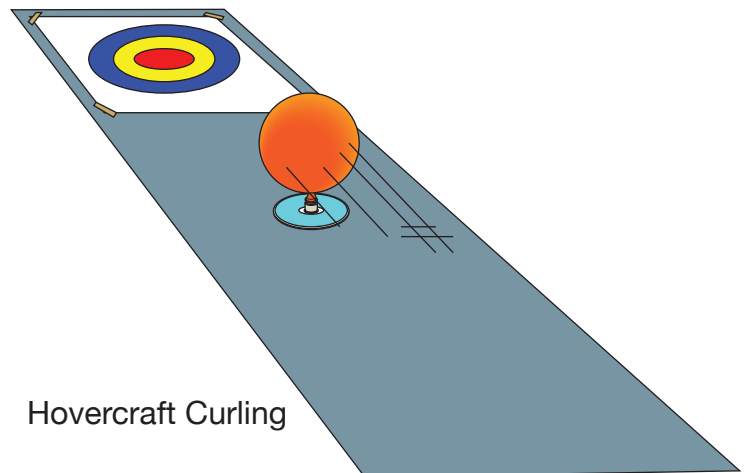
*How can hovercraft technology be used to simulate microgravity when training astronauts?*

The picture of the astronauts at Johnson Space Center (Page 10) illustrates a training technique using air bearing pads on a very smooth floor. Three air bearing pads, similar in size and identical in function to the CD hovercraft, produce great lifting force and nearly eliminate friction. The bearing pads are able to provide much greater lifting force than the CD hovercraft because high pressure air from compressors is used. When the two astronauts push on each other, they fly apart in a great demonstration of Newton's Laws of Motion.

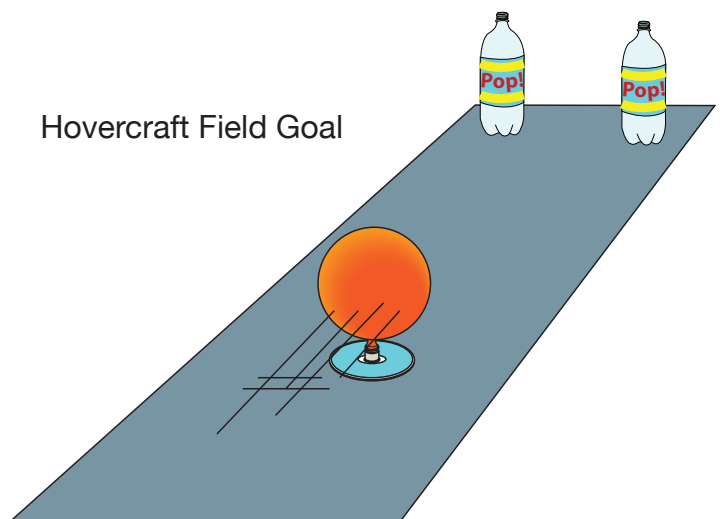
## Extensions

- Have students try their hovercraft on different surfaces (tabletop, tile floor, carpet, sand, etc.). On which surfaces does the craft work and on which doesn't it work? Why?
- Investigate the size of the hole in the paper dot. What hole size works best to keep the craft aloft the longest? (The hole size can be enlarged by pushing a pencil tip into it and spreading the paper.)
- Have students investigate how much mass their craft can lift. Small paper clips have an approximate mass of 2 grams. How many paper clips (or metal washers, pennies, etc.) can their craft hold and still move across a tabletop?

- Have students create sporting events for their hovercraft. Some ideas for events might include:
  - "Kick" field goals by shooting hovercraft between two water bottles down field.
  - Make a net for soccer goals.
  - Play hovercraft curling by using balloon pumps or small paper fans students construct to move the hovercraft and have it stop in the bull's-eye of a target at the other end of a table.
  - Hovercraft drag racing (which craft reaches the finishing line first).
  - Hovercraft shot put. Go for distance.
  - Hovercraft bowling. Aim at lightweight pins made from notebook paper rolled and taped into tubes.



Hovercraft Curling



Hovercraft Field Goal

# Hovercraft Challenge

Name: \_\_\_\_\_

## Challenge - Distance

How far can you make your hovercraft travel before it stops on its own? Try three times.

First Run Distance in cm	Second Run Distance in cm	Third Run Distance in cm	Average Distance in cm

What did you do to try to increase your distance? Did it work?

## Challenge - Time

How long can you make your hovercraft hover before it comes to a rest on its own? Try three times.

First Run in seconds	Second Run in seconds	Third Run in seconds	Average Time in seconds

What did you do to try to increase your time? Did it work?

## Challenge - Speed

How fast can you make your hovercraft move? Measure distance and time. Try three times.

First Run	Second Run	Third Run
cm sec	cm sec	cm sec

$$\text{Speed} = \frac{\text{distance}}{\text{time}} = \text{___ cm/sec}$$

First Run speed in cm/sec	Second Run speed in cm/sec	Third Run speed in cm/sec	Average Speed in cm/sec

What did you do to try to increase your speed? Did it work?



# Hovercraft Challenge

Name: \_\_\_\_\_

Create an Olympic sport for your

Challenge others to compete  
for the Interplanetary cup.



## Describe your sport:

- What is its objective?
- What happens when you play your sport?
- What does your playing field look like?
- How many teams compete?

## What are the rules:

## How is the game scored:

How do Isaac Newton's Laws of Motion apply to your sport?  
Could your sport be played on the International Space Station? On the moon? On Mars?

Use the other side of this page for your answers.